

GOLDEN PETALS

# APPLICATION GUIDE

## KIDS IMMUNITY BLEND



### 1 TOPICAL APPLICATION

Dispense 2–3 drops of the Golden Petals Kids Immunity Blend onto your palms.  
Gently rub your palms together to warm the blend.



### 2 APPLICATION AREAS

Apply the blend gently to the following areas:

- Chest (avoid the center of the chest)
- Back
- Soles of the feet
- Nape of the neck
- Ears (behind the ears)

Avoid direct contact with the eyes, nostrils and sensitive areas.



### 3 MASSAGE TECHNIQUE

Using your fingertips, massage the blend gently on the above areas with light, downward strokes.

Massage for 1–2 minutes until the oil is fully absorbed.  
This helps in better absorption and activates the natural defence system.



### 4 FREQUENCY OF USE

For best results:

- Apply 2 times daily – morning and night.
- During seasonal changes, travel, school days or when exposure to colds and infections is high.
- Can be used daily for overall immune support.



### 5 BENEFITS

This synergistic blend helps:

- Strengthen your child's natural immunity
- Support respiratory health and clear airways
- Protect against seasonal and environmental stress
- Promote energy, vitality and overall well-being
- Encourage faster recovery during illness



### 6 SAFETY & USAGE

- The blend is 100% natural and safe for kids above 3 months.
- Not a substitute for medical treatment.
- Patch test before first use: apply a drop on the inner forearm and wait for 30 minutes.
- Consult your healthcare professional if your child has any medical condition or is on medication.
- Store in a cool, dry place away from direct sunlight.

### 7 SELF CARE TIP (OPTIONAL)

Add 3–5 drops to a bowl of hot water.  
Sit with your child in a steam-filled bathroom for 5–7 minutes to support easy breathing and immunity.  
(Close eyes and cover head with a towel.)



#### EXTRA TIP

Encourage your child to drink warm water, eat nutritious meals, get enough sleep and stay active for a stronger immune system.



[www.thegoldenpetals.com](http://www.thegoldenpetals.com)